



## For Junior Athletes

### Kingston Athletics Club and Polytechnic Harriers

We are a friendly club based at the Weir Archer Athletics and Fitness Centre, Kingsmeadow in Kingston.

The main training sessions are every Tuesday and Thursday from 6.30 in all weathers and cater for all ages and abilities.

Competitions available include local and national leagues, track and field in the summer and cross country and Sportshall athletics in the winter.

Kingston Kestrels are for School Years 2-11 over 6 sessions for beginners and intermediate athletes, run sessions over 4 different days a week - please email for details.

Come along for a trial session!

Contact [richardholt@momentumsports.co.uk](mailto:richardholt@momentumsports.co.uk)

**\*Sprints \* Hurdles \* Jumps \* Distance Running\***

**\*Throws\*Cross Country\*Sportshall\***

Weir Archer Athletics and Fitness Centre, Kingsmeadow, 422a Kingston Road, Kingston  
Upon Thames, Surrey KT1 3PB

Bus 131, 213 and K5

More details at: [www.kingstonandpoly.org](http://www.kingstonandpoly.org)

# K&P League Track & Field Competitions for Young Athletes 2018



## K&P Open Throws and SCAA Disability Championships

**Age groups: U15+ Men and Women**

Sat/Sun 7/8 April @ Kingston

**Entries Online:**

<https://www.jctsportssolutions.com/admin/extensions/events/edit.php?event=47>

**Entries Close:** 16<sup>th</sup> March

## Ebbisham League (Boys)

**Age groups: U11, U13, U15**

Sun 15 April @ Sutton

Sun 10 June @ Woodcote Sch

Sun 08 July @ Walton

**Format:** A & B string teams with non-scoring events. Minimum age 9 (on day of competition).

**Team Manager:** Gill Broderick ([gillbroderick@aol.com](mailto:gillbroderick@aol.com))

## Lily B League (Girls)

**Age groups: U11, U13, U15, U17**

Sat 05 May @ Ewell Court

Sat 02 June @ Croydon

Sun 15 July @ Kingston

Sat 25 Aug @ Sutton

**Format:** A & B string teams with non-scoring events. Minimum age 9 (on day of competition).

**Team Managers:** James Bell ([jamesbell69@gmail.com](mailto:jamesbell69@gmail.com)), Beverly Tunnacliffe ([bptunna@hotmail.com](mailto:bptunna@hotmail.com)), Dorinda Lester ([lester.d1@sky.com](mailto:lester.d1@sky.com))

## Youth Development League (YDL-Lower Age Group)

**Age groups: U13, U15 - Boys and Girls**

Sat 21 April @ Crawley

Sat 19 May @ Horsham

Sun 17 June @ Poole

Sat 21 July @ Kingston

**Format:** A & B string teams by selection of coaches/team managers; only 100m/800m non-scoring events.

**Team Managers:** Richard White ([richardwhite09@gmail.com](mailto:richardwhite09@gmail.com)), Sara John ([sarajohn384@aol.com](mailto:sarajohn384@aol.com)), Louise Doherty ([louise.doherty2@ntlworld.com](mailto:louise.doherty2@ntlworld.com))

## Youth Development League (YDL-Upper Age Group)

**Age groups: U17, U20 - Men and Women**

Sun 29 April @ Woking

Sun 27 May @ Kingston

Sun 01 July @ Crawley

Sun 29 July @ Portsmouth

**Format:** A & B string teams by selection of coaches/team managers; only limited track non-scoring events.

**Team Manager:** Frank Schubert [frank.r.schubert@googlemail.com](mailto:frank.r.schubert@googlemail.com)

### Kinnaird & Sward Meeting

Age groups: Senior (U17+) Men and Women

Sat 21 April @ Kingston

**Format:** A & B string teams by selection of coaches/team manager.

**Team Manager (Men):** Chris Hall ([chrishall55@hotmail.co.uk](mailto:chrishall55@hotmail.co.uk))

**Team Manager (Women):** Harriet Lester ([salkandp@gmail.com](mailto:salkandp@gmail.com))

### Southern Athletics League (SAL)

Age groups: Senior (U17+) Men and Women

Sat 14 April @ Walton

Sun 20 May @ Kingston

Sat 23 June @ Hillingdon

Sat 14 July @ Woking

Sat 18 August @ Kingston

**Format:** A & B string teams by selection of coaches/team managers and non- scoring events.

**Team Manager (Men):** Gordon Lester ([salkandp@gmail.com](mailto:salkandp@gmail.com))

**Team Manager (Women):** Harriet Lester ([salkandp@gmail.com](mailto:salkandp@gmail.com))

Go to [www.glester.co.uk](http://www.glester.co.uk) for SAL info and athlete registration.

### British Athletics League (BAL)

Age groups: Senior (U17+) Men only

Sat 05 May @ Eton

Sat 02 June @ Portsmouth

Sat 07 July @ Bedford

Sat 04 August @ Liverpool

**Format:** A & B string teams by selection by team manager.

**We are now in Division 1 (top-16 clubs in the country)**

**Team Manager:** Chris Hall ([chrishall55@hotmail.co.uk](mailto:chrishall55@hotmail.co.uk))

### Rosenheim League

Age groups: Senior (U17+) Men and Women

Wed 02 May @ Walton

Wed 30 May @ Ewell Court

Wed 20 June @ St Marys

Wed 04 July @ Kingston

Wed 18 July @ Walton

Final

Wed 22 August @ Tooting

**Format:** A string only teams by selection of coaches/team manager and non- scoring events.

**Team Manager:** Vacancy – If you are interested please contact the club

**The Club and your coaches hope that you will compete in many of the league matches**

### Age Groups

Age Group	U20s	U17s	U15s	U13s	U11s
Date of Birth	1/1/99 to 31/8/01	1/9/01 to 31/8/03	1/9/03 to 31/8/05	1/9/05 to 31/08/07	1/9/07 to 31/8/09
School Yr	Yrs 12 & 13	Yrs 10 & 11	Yrs 8 & 9	Years 6 & 7	Yrs 4 & 5

# **IMPORTANT INFORMATION**

## **REQUIREMENTS FOR COMPETITION ENTRY**

### **1 You must be Kingston AC & Poly Harriers (K&P) member**

To register as a new member of the club please visit  
<http://www.jctsportssolutions.com/login>

Membership is currently set at:  
**£25 per year for all ages U20 and full-time students**  
**Or**  
**£45 Family Membership (two or more people at the same address)**

For existing members please ensure your Membership subscription is up to date by logging into your profile at:

<http://www.jctsportssolutions.com/subs>

### **2 You must be registered with England Athletics (EA)**

England Athletics are bringing in a new way to pay for your registration.

- Registration runs from 1<sup>st</sup> April to 31<sup>st</sup> March each year, if you have paid your 2017/18 registration fee then you are covered up to 1st April 2018
- 2018/19 registration is £15 for U13 and above (U11's do not require EA registration)
- EA will send each competing athlete an email with a link to pay your annual registration fee direct to EA - the Club will no longer be collecting your payment
- Athletes registered in the previous affiliation year have until 30 June to renew their registration, and previously registered athletes who have not renewed their registration by 30 June will become 'unregistered' at that point
- New athletes who need to register should do so via  
[www.jctsportssolutions.com/ea](http://www.jctsportssolutions.com/ea)

to complete the details here so the Club can register you and EA will then send you a link to pay

### **3 You will need to wear the K&P vest at all competitions**

To order the club vest please visit  
(You must be a registered member first)

<http://www.jctsportssolutions.com/subs>

Please visit [www.kingstonandpoly.org](http://www.kingstonandpoly.org) for more information

***Existing members are encouraged to check and update their profiles and contact details in order to help the Team Managers***