**Kestrels End of 2018 Summer Season Report**

The 2018 summer season has been a very good one for the Kestrel club, both for individuals and Kingston and Poly in the Ebbisham Boy’s League, Lily B Girls League and U13/U15 Youth Development League. Below is a summary about performances in these leagues over the 2018 summer season. It is worth mentioning that this report is about leagues that Kestrels can compete in, but some athletes mentioned are former Kestrels who have progressed onto evening groups.

**Ebbisham Boys League**

In the first match of the 2018 Ebbisham League, which took place on the 29th April at Ewell, was a very good match for the team, where Kingston finished 2nd on the day, only two points behind the match winners Herne Hill. A good overall performance from Kingston can only happen when everyone steps up in their individual races and get as many points as possible. This is shown by the fact that for every event Kingston has an athlete in, including A and B string, a Kingston athlete was in the top 3 in each track and field event string apart from 8 events. Good performances from athletes include Alfie Westerly winning the U15 B string Javelin, Jaami Quareshi winning the U15 A string Long Jump, and a close second for Jacob Landau in the U13 100m B string?

The second match, held in Coulsdon on 10th June, saw a slightly weakened Kingston team finished 4th on the day, which was slightly down on the first match team performance. There were still good performances from individuals, such as a second place for Roel Sodusta in the U13 boys 200m, Max Dickson winning the U15 300m and Jack Le Vesconte winning the U13 High Jump.

In the 3rd match, which was held at Walton on 8th July, the overall Kingston team performance was slightly better than the previous match, shown by the 3rd place finish in this match by Kingston. A slightly stronger team than the previous match, despite more unfilled races was behind this result. As with the previous two matches, there were good performances, but to highlight just a few good performances: Hiren Simmonite placing 3rd in the U15 B string 100m, Finnian Chang coming second in the U13 B String Javelin, and Ned Rose winning the U13 Boys High Jump B string.

**Lily B Girls League**

The first match of the Lily B league season was held at Epsom on 5th May, where Kingston finished 2nd on the day, behind Guildford and Goldaming. This was a result of consistent performances for Kingston, where Kingston were in the top 3 in both A and B strings in every event entered apart from 5 events. Individual wins came from all over, from Ava John in the U13 100m, to Amelia Bell in the U17 Hammer, to Louisa Stoney in the U17 High Jump.

The second match was held at Croydon on 2nd June, and Kingston were again 2nd in the league, behind the host club Croydon. Good performances at this match includes a good 2nd place for Evie Priest in the U13 1500m A string, Laura Quickfall’s win in the U17 300m Hurdles and Gemma Watts’ win in the U17 800m.

The third match was a home match at Kingsmeadow on 15th July, and the home match had the desired effect as Kingston finally reached the top step overall at this match, winning this match by over 100 points! This was helped by the fact that the team had the most amount of individual victories in a match out of the 3 matches so far. As with the previous two meetings, there were good performances from everyone who competed, but a few notable performances were Alice Clutterbuck winning the U15 High Jump B string, Hannah Lester winning the U17 Triple Jump and Hannah Choudhury winning U13 Shot Putt B String.

**U13/U15 YDL**

The U13/U15 YDL League team had a decent season in 2018, finishing 4th overall in the league and avoiding relegation to Southern West 2.

It started off well with 4th place finish in the first match at Crawley, with good performances coming from across both age groups and genders, such as Max Dickson and Michael Webb-Bourne winning the U15 Boys 300m A and B strings respectively, Caitlin Harvey winning the U13 Girls 800m A string race and the U13 Girls 4x100m team of Caitlin Harvey, Nelly Priest, Jocelyn Booth and Ava John winning their race.

In the second match, which was held in Horsham, another 4th place finish overall in this match consolidated our position in the league. There were more good performances, with more individual victories coming via Max Dickson in the U15 Boys 300m, Lucy Atkins and Kira Holt in the U15 Girls 200m, Kira in the U15 Girls 75m Hurdles, Emillia Chittenden and Jemima Harcourt in the U15 Girls High Jump, Roel Sudusta in the U13 Boys 200m, Caitlin and Ava in the U13 Girls 800m and Jocelyn Booth in the U13 Girls 1200m.

In the third match, which was hosted in Poole, Kingston finished 5th overall in this match to leave Kingston in a precarious position for relegation. Despite the disappointment of this result, there were still good performances from everyone who competed, such as top 3 finishes for Liam Macdonald in the U15 Boys 100m and 80m Hurdles, Sebastian Chang in U15 Boys Javelin, the U15 Boys 4x100m relay team, Freya John in the U15 Girls 300m and Sam Atkins in the U13 Boys 800m.

In the fourth and final match of the season, with relegation on the line, the home match at Kingsmeadow had its desired effect as Kingston finished 2nd on the day to finish 4th overall and avoid relegation. This result was off the back of the highest amount of top 3 finishes in races from all 4 matches this season.

Congratulations to all who have competed for Kingston and Poly in these leagues/competitions over the summer:

Tobi Afilaka

Lucy Atkins

Sam Atkins

Zana Anderson

Flora Anghileri-Jarman

Sharon Aiyeleemi

Francesca Austin-Endersby

Ellen-Ada Barlow

Amelia Bell

Jocelyn Booth

Eva Cerilli

Esme Cerilli

Finnian Chang

Sebastian Chang

Emillia Chittenden

Hannah Choudhury

Alice Clutterbuck

Ollie Cooke

Alex Cronje

Thomas Darke

Freya Davidson

Max Dickson

Dylan Dowell

Rishi Dowell

Anna Gawander

Ashlee Hambling

Jemima Hardcourt

Katie Harrison

Caitlin Harvey

Nicky Hide

Kira Holt

Madison Hutton

Freya John

Ava John

Jacob Landau

Samuel Landau

Hannah Lester

Jack Le Vesconte

Nico Luckman

Camilla MacFarlane

Liam MacDonald

Millie Maritz

Jojo McClean

Kai Mason

Natalie Miller

Bethan Norvill

Sam Nesbitt

Oliver Palmer

Josie Perrin

Evie Priest

Nelly Priest

Jaami Quareshi

Laura Quickfall

Tejal Rampul

George Rees

Ned Rose

Phoebe Scofield

Madeleine Scott

Zoe Shepherd

Dhruv Simmonite

Hiren Simmonite

Oliver Sossick

Louisa Stoney

Rory Stratford

Lucy Tunnacliffe

Gemma Watts

Rosanna Walker

Michael Webb-Bourne

Alfie Westley

Charlie White

Tom Wilson

Thank you all for competing for Kingston and Poly AC in these leagues over the summer, we hope that you have enjoyed it and look forward to next year to do better!